UF Jacksonville CARD and FDLRS-MDC present:

- **Parent Support Group (In Spanish Only)**
  **June 21, 5:00 PM – 6:00 PM.** A Caregiver Support Group co-hosted and led by the UF Health Jacksonville CARD and FLDRS-MDC clinicians. It’s conversation-based with the goal of helping strengthen the relationship between child and parent, while learning about resources and supports from professionals and other parents. Parents will be able to join virtually from the comfort of their home. Click here to register online for this event. For more information contact Bernardo.Cuadra@jax.ufl.edu.

- **Behavioral Detective Social Skills Club**
  **June 22, 5:30-6:30PM.** Behavioral Detective Social Skills Club focuses on teaching students important social skills for children with Autism Spectrum Disorder or related disabilities (that are conversationally appropriate) ages 8 to 12. Students learn how to be “Behavioral Detectives” and develop strategies for dealing with difficult social situations. Participants will be given strategies on how to initiate interactions and conversations, stay on topic, think from another’s point of view, read other’s nonverbal language, give compliments and take criticism, take responsibility and let go of control, and how to accept making mistakes and apologize when they’ve been made. Additional topics covered include dealing with anger, being a friend, understanding sarcasm, jargon and teasing, and learning to be a self-advocate. The Club utilizes several different instructional methods including visual organizers, ABA ideals, interactive games, peer support, and video modeling. Click here to register online for this event. For more information contact chanel.baldwin@jax.ufl.edu.

- **MOSHHHH... Family Sensory Night at the MOSH**
  **June 23, 6:00–8:00PM.** $5 per person (3 and up.) Families and individuals are invited to enjoy exclusive access to explore the museum of science & history in a sensory-friendly environment with modified sound and lighting, visit with featured vendors and service providers, and enjoy a sensory room generously provided by we rock the spectrum. Tickets can be purchased online ahead of the event at:  
  [Https://themosh.org/event/moshhhh-family-sensory-night/](https://themosh.org/event/moshhhh-family-sensory-night/)  
  Location: 1025 museum Cir., Jacksonville, FL 32207.

- **CARD 101 for Adult and Transition-age (AM)**
  **June 23, 12:00-1:00PM.** This orientation is an overview of statewide CARD services for transition-age teens and adults with autism spectrum disorder (ASD) or a related disability. Registration for CARD services will be conducted at this orientation session. Transition-age teens with ASD who are under the age of 18
should be accompanied by a legal guardian who is over the age of 18. Adults with ASD are welcome to invite other family members who serve as means of support in their lives to register and attend the orientation session. Registrants will be asked to submit documentation of their qualifying diagnosis to complete the requirements needed to access CARD services. Click here to register online for this event. For more information contact Brett.Walden@jax.ufl.edu.

- **CARD-Jacksonville Constituency Board Meeting**
  
  **June 26, 9:00 AM – 10:30 AM.** The public and individuals served by CARD are welcome to attend these meetings and provide input to the board and CARD staff. Due to COVID-19 this meeting will be held online via Zoom. For more information and a link to attend the event virtually please contact Jeannie.potthast@jax.ufl.edu.

- **No Way! Play Games to Strengthen Cooperation Skills**
  
  **June 26. 4:30PM to 5:30 PM.** Come and play interactive games to practice tolerating boundaries and learn to work together. This group is a series of 4 weekly meetings and is open to 10 children between the ages of 5 and 9 years. Click here to register online. For more information please contact amy.lane@jax.ufl.edu.

- **GIRLS – Girls in Real Life Situations**
  
  **June 27, 5:00-6:00PM.** CARD Jacksonville is hosting an experiential learning workshop based on the Girls in Real Life Situations curriculum. These online sessions will focus on developing healthy body image, understanding the impact of our choices, communication, emotions, friendships, relationships, self-esteem, stress, and more. The activities will be adapted for virtual environments. As girls progress through the lessons, they will have to demonstrate critical-thinking skills, self-control and self-discipline, use oral, written and listening skills to express themselves, create positive friendships with other students, and more. Attendance at all sessions is strongly encouraged. Open to Girls in 6-12th grades. Click here to register online for this event. For more information contact Johanna.lopez@jax.ufl.edu.

- **CARD 101 (Español)**
  
  **Jun 28, 5:00-6:00PM.** Una orientación introductoria virtual para familias y adultos elegibles que comienzan su viaje con el Centro para el Autismo y Discapacidades Relacionadas (CARD). Esta entrenamiento proporciona información sobre los servicios proveídos en UF-Jax CARD. Nuestro programa atiende a personas a lo largo de su vida con un Trastorno del Spectrum Autista o una discapacidad relacionada, una discapacidad sensorial dual o una discapacidad sensorial combinada con otra condición discapacitante. Esta entrenamiento también brinda la oportunidad de realizar preguntas y respuestas. Se requiere la verificación de un diagnóstico calificado o ubicación educativa para utilizar. Click here to register. Email: bernardo.cuadra@jax.ufl.edu.

- **Retro Diner Hour (now in person)**
**New dates pending, 5:00-7:00PM.** Adults with autism spectrum disorder will have the opportunity to engage in facilitated social conversations with peers in person set at a dining location. This event will provide social and life skills via topics discussed, interactions and hands on activities and routines. Parents are welcomed to join and participate by dining in a table of their own and enjoy themselves together during the time of the group. They are not required to participate but must be present and remain on location unless the adult is responsible for their own transportation. Additionally, participants will be fully responsible for ordering, requesting, paying and socializing for themselves. So come, bring your family supports, your funds, a hearty appetite and be ready to have in person fun. Location: Metro Diner, 12807 San Jose Blvd., JAX, 32223. Click [here](#) to register online (multiple days available). For more information please contact bernardo.cuadra@jax.ufl.edu.

- **Pokémon GO Outside & Sibshop Event**

  **Next date pending, Begins at 4:00PM.** CARD Jacksonville is using Pokémon Go to get your child(ren) to GO Outside. Using the game they love and the app you may be tired of hearing about, we hope to bring individuals on the spectrum as well as siblings of individuals on the spectrum, and of other special needs to play together on Community Days set by the game. This group focuses on children on the Autism Spectrum ages 10+ years old; and siblings ages 10 – 17; with the purpose of them having a day of fun out in the community. Using the app, we will create positive friendships, work on social skills, habituate out of the home experiences for those on the Spectrum; while siblings can build support and share in activities together; all while enjoying the outside and being active. Location: Henry J. Klutho Park – 204 West 3rd Street. Jacksonville, FL 32206 (Parking on Boulevard St & W 2nd St). Parents MUST remain on the premises, though they do not need to participate. Click [here](#) to register online. Space is limited. For more information please contact bernardo.cuadra@jax.ufl.edu.

- **CARD-FAU – Supporting Back-To-School Routines for Children with ASD**

  **July 10, 12:00PM to 1:00PM.** Hosted by CARD-FAU this webinar will discuss strategies, supports, and resources to create structure and prepare children to follow important back-to-school routines. Click [here](#) to register for this free online training. For more information please contact bastienk@fau.edu.

- **CARD-FAU – Prepare Your Preschooler for Kindergarten**

  **July 12, 12:00PM to 1:00PM.** Hosted by CARD-FAU this webinar will discuss and provide valuable tips and things you might like to consider in planning for your child’s entry into kindergarten. Click [here](#) to register for this free online training. For more information please contact kwittel@fau.edu.

- **Sensory Story Time (3-6 years old)**

  **July 18, 10:00-11:00AM.** Sensory Story Time is a monthly play group for children between the ages of 3-6 years who are registered with CARD or FDLRS-MDC. The focus of the group is to offer a safe, comfortable space for children and their parent(s) to participate in Story Time together. Sensory story
time differs from traditional story time by offering hands on participation, sensory input, and movement activities to help children stay engaged. Parents will learn strategies to encourage story time at home and in the community (like the local library). Sensory story time is also an opportunity for parents to network with other parents of children with developmental delays. Location: 6271 St. Augustine Rd. Limit 8 constituents. Click here to register. For more information contact jennifer.o'brien@jax.ufl.edu.

- **CARD-FAU – Toilet Training Tips for Parents**
  
  **August 9, 12:00PM to 1:15PM.** Hosted by CARD-FAU this webinar will discuss and provide valuable tips and strategies related to effective toilet training. Click here to register for this free online training. For more information please contact kwittel@fau.edu.

- **Sibshops**
  
  **New dates pending, begins at 5:30PM.** Sibshop is a gathering of siblings across the ages to create community, build support and share in the stories that make us unique as the sibling of individuals with developmental, intellectual, social-emotional, and medical disabilities. Siblings will be able to join virtually at link provided. There will be in-person opportunities available soon. Ages 8-12yo+. Click here to register online. For more information please contact chanel.baldwin@jax.ufl.edu.