UF Jacksonville CARD and FDLRS-MDC present:

- **UF Jacksonville CARD and FDLRS Present: CARD Adult Resources and Support Group. September 1, October 6, November 3, & December 1, Begins at 5:00 PM.** CARD-Jacksonville runs a resource and support group for constituents who are ages 18 and older, where participants can learn, share, and understand one another through common, comparable experiences and receive helpful guidance. Click [here](#) to register online (multiple days available). For more information please contact [audrey.bringman@jax.ufl.edu](mailto:audrey.bringman@jax.ufl.edu).

- **UF Jacksonville CARD and FDLRS Present: Retro Diner Hour. September 8, October 13, November 10, & December 8, Begins at 5:00 PM.** Adults with autism spectrum disorder will have the opportunity to engage in facilitated social conversations via Zoom. This event will temporarily take the place of the Breakfast Club Meetings during the COVID-19 pandemic. Click [here](#) to register online (multiple days available). For more information please contact [audrey.bringman@jax.ufl.edu](mailto:audrey.bringman@jax.ufl.edu).

- **UF Jacksonville CARD and FDLRS Present: ASD PRIDE. September 9, October 14, November 11, & December 9, Begins at 5:00 PM.** LGBTQ+ facilitator-led support group for young adults ages 18-22 with autism spectrum disorder. Click [here](#) to register online for this event (multiple days available). For more information contact [brett.walden@jax.ufl.edu](mailto:brett.walden@jax.ufl.edu).

- **UF Jacksonville CARD and FDLRS Present the Dadvocate Support Group. September 14, October 12, November 9, & December 14, Begins at 5:00 PM.** A Male Caregiver Support Group co-hosted by the UF Health Jacksonville CARD and FLDRS-MDC, with the goal of helping strengthen the relationship between child and parent, while learning about resources and supports from professionals and other parents. Click [here](#) to register online for this event (multiple days available). For more information contact [brett.walden@jax.ufl.edu](mailto:brett.walden@jax.ufl.edu).

- **UF Jacksonville CARD and FDLRS Present: Sibshops Sibstops. September 15, & October 20, November 17, December 15. Begins at 5:00 PM.** Sibshop is a gathering of siblings across the ages to create community, build support and share in the stories that make us unique as the sibling of individuals with developmental, intellectual, social-emotional, and medical disabilities. Click [here](#) to register. For more information please contact [Audrey.bringman@jax.ufl.edu](mailto:Audrey.bringman@jax.ufl.edu).

- **UF Jacksonville CARD Presents: Visual Supports & Reusable Resources for Early Learners.** Many of our students use laminated activities such as those pictured above in their classrooms. UF-JAX CARD wants to help support our constituents and their families as they continue to work from home. From letter matching, to name-tracing, sight-words and puzzles - the opportunities are endless. Consult with a CARD clinician about available options, or use something from your student’s IEP goals. We will print, laminate and mail to you up to four reusable activities. Please e-mail or call Chanel Baldwin at [chanel.baldwin@jax.ufl.edu](mailto:chanel.baldwin@jax.ufl.edu), 904.633.0816 to set up an appointment and consult remotely about your options.
• **UF Jacksonville CARD and FDLRS Present: Painting with Emotion (ages 12 to 16). September 21, October 19, & November 16, Begins at 5:00 PM.** Painting with Emotion is a monthly social group for children between the ages of 12-16 years, who are registered with CARD or FDLRS-MDC. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

• **UF Jacksonville CARD and FDLRS Present: Painting with Emotion (ages 18 and older). September 23, & October 28, Begins at 5:00 PM.** Painting with Emotion is a monthly social group for children between the ages 18 and older, who are registered with CARD or FDLRS-MDC. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

• **UF Jacksonville CARD Presents: Social Skills – Game Group. Biweekly, Tuesdays, from 5:00 PM – 6:00 PM.** The CARD/FLRS-MDC Game Group is a bi-weekly opportunity for quality social interactions with peers. The focus is on social communication, career exploration, everyday life discussions and building meaningful relationships within the group. All this while engaging in game play! Prerequisite Requirements: Teens must be between ages of 13-19 years and registered with CARD or FDLRS-MDC, and speak with your CARD/FLRS-MDC point of contact in order to determine if your teen meets the prerequisite skills needed to partake in this group. All group meetings are now held online via Zoom. CARD and FDLRS-MDC are discretionary projects of the Florida Department of Education. These grant funded programs do not charge for their services. For more information please contact Gina Bauer at 904.633.0769 or email gina.bauer@jax.ufl.edu. Click [here](#) to register online.