

# UF Jacksonville CARD and FDLRS-MDC present:

- **Game Night! (for middle school and high school students)**

**October 23, November 27, December 18, begins at 5:00PM to 6:00PM.**

Hosted by CARD-JAX and FDLRS-MDC. *Game Night!* is a great group for preteens and teens to meet new people, learn social skills, practice turn-taking, understand game rules and expectations, and to just have fun! The group will meet in person at the UF Health Neurodevelopmental Pediatric Center, 6271 St. Augustine Road Suite 1, Jacksonville, FL 32217. Parents and caregivers must stay on site and wait in the lobby during the group session. Parents can also participate in the parent support group occurring at the same time. [Click here](#) to register for this event. For more information, please contact [sarah.falls@jax.ufl.edu](mailto:sarah.falls@jax.ufl.edu).

- **Building Champions (For Middle School Boys)**

**October 24, begins at 5:30PM.** Building Champions is a social group for our FDLRS/CARD constituents. This group helps build trust, respect, and peer connections with a focus on leadership skills and team building skills. The purpose of this group is to encourage boys to make healthy choices that can lead to positive growth. The group will meet virtually for eight weeks. Open to Boys in 6-8<sup>th</sup> grade. [Click here](#) to register. For more information contact [brett.walden@jax.ufl.edu](mailto:brett.walden@jax.ufl.edu).

- **After the Diagnosis – ASD (Parent Support Group)**

**October 25, November 21, December 20, January 24, February 21, March 27, 5:30PM to 6:30PM.** A Parent Support Group for families that have recently received an Autism Spectrum Disorder (ASD) diagnosis for their child. This group will offer resources and guidance on “What to do next” and how to process your child’s diagnosis. Together, we’ll address the mixed emotions that often come with an autism label. We’ll provide information that may be useful for the parent/caregiver as well as the whole family. The more the family understands the characteristics of autism, the better the family can support the child. [Click here](#) to register for this event. For more information, please contact [diego.castillo@jax.ufl.edu](mailto:diego.castillo@jax.ufl.edu).

- **CARD 101 (Español)**

**25 de octubre, 29 de noviembre, 27 de diciembre, 31 de enero 5:00-6:00PM.** Una orientación introductoria virtual para familias y adultos elegibles que comienzan su viaje con el Centro para el Autismo y Discapacidades Relacionadas (CARD). Esta entrenación proporciona información sobre los servicios proveídos en UF-Jax CARD. Nuestro programa atiende a personas a lo largo de su vida con un Trastorno del Espectro Autista o una discapacidad relacionada, una discapacidad sensorial dual o una discapacidad sensorial combinada con otra condición discapacitante. Este entrenamiento también

brinda la oportunidad de realizar preguntas y respuestas. Se requiere la verificación de un diagnóstico calificado o ubicación educativa para utilizar. [Click here to register](#). Si tiene preguntas, envíe un correo electrónico a [bernardo.cuadra@jax.ufl.edu](mailto:bernardo.cuadra@jax.ufl.edu).

- **FALL FAMILY FUN event**

**October 26, 6:00PM to 8:00PM.** Hosted by CARD-JAX, FDLRS-MDC, and UF Health Neurodevelopmental Pediatrics. A fun event for families to come through our center to indulge in fall related activities and games. We welcome all disabilities and promote inclusivity. The UF Health Neurodevelopmental Pediatric Center houses the Center for Autism and Related Disabilities (CARD), the Florida Diagnostic Learning and Resources-Multidisciplinary Center (FDLRS-MDC) and the developmental pediatric clinic. We will have a variety of vendors present who will make up "Trick or Treat" lane, providing treats and/or an activity for those attending along with providing families with resources. Our staff will also be on site to provide support as needed. Families will have an opportunity to leave their "imprint" for our upcoming partnership with Deck the Chairs of Jacksonville Beach. We want to include our families in the design of our chair and are excited for this upcoming holiday event! [Click here](#) to download a digital flyer for this event. [Register online for the event by clicking here](#). For more information call 904.633.0917 or email [chanel.baldwin@jax.ufl.edu](mailto:chanel.baldwin@jax.ufl.edu).

- **CARD Adult Resources and Support Group**

**November 1, December 6, January 3, February 7, 5:00PM to 6:00PM.** 1st Wednesday of the month. Adults with autism spectrum disorder will have the opportunity to engage in facilitated social conversations via Zoom. [Click here](#) to register online. For more information please contact [gwenivere.mauro@jax.ufl.edu](mailto:gwenivere.mauro@jax.ufl.edu).

- **7<sup>th</sup> Annual Connect the Dots Conference Scholarship (Application Deadline)**

**November 4, 2023.** The Connecting the Dots Conference offers a series of breakout sessions and keynote presentation that cover various topics affecting the lives of individuals with unique abilities, their families and Caregivers. CARD-Jacksonville is offering a limited number of scholarships to this event. The UF Health - Jacksonville, Center for Autism and Related Disabilities along with the FDLRS-MDC, will be offering scholarships to parents and educators who would like to attend. A limited number of scholarships are available. To download a digital copy of the scholarship application [click here](#). Register and learn more about the event at: <https://www.eventbrite.com/e/7th-annual-connecting-the-dots-conference-tickets-664845118647> For more information about the scholarship contact [Roszetta.thomas@jax.ufl.edu](mailto:Roszetta.thomas@jax.ufl.edu) or call 904.633.0802.

- **CARD-FAU – Supporting Reading Comprehension in the Home**

**November 9, 1:00PM to 2:00PM.** Hosted by CARD-FAU. This training will provide participants with a concise explanation of ASD, causes and early indicators, as well as discussion on dealing with challenging behaviors. Participants will also explore strategies to use in building relationships with their

grandchildren as well as supporting their adult child. [Click here](#) to register online. For more information please contact [CARD@fau.edu](mailto:CARD@fau.edu).

- **CARD-FAU – Building Bridges: Autism & Your Grandchild**

**November 14, 10:30AM to 12:00PM.** Hosted by CARD-FAU. This training will provide participants with a concise explanation of ASD, causes and early indicators, as well as discussion on dealing with challenging behaviors. Participants will also explore strategies to use in building relationships with their grandchildren as well as supporting their adult child. [Click here](#) to register online. For more information please contact [CARD@fau.edu](mailto:CARD@fau.edu).

- **Parent Support Group (CARD/FDLRS)**

**November 15, February 21, May 15, begins at 5:30PM.** A Parent Support Group led by the UF Health Jacksonville CARD and FLDRS-MDC clinician. It's conversation-based with the goal of helping strengthen the relationship between child and parent, while learning about resources and supports from other parents with professional support. Parents will be able to join virtually from the comfort of their home. [Click here](#) to register online. For more information please contact [chanel.baldwin@jax.ufl.edu](mailto:chanel.baldwin@jax.ufl.edu).

- **MOSH... Family Sensory Night**

**November 17, 6:00 to 8:00PM.** Families and individuals are invited to enjoy exclusive access to explore the museum of science & history in a sensory-friendly environment with modified sound and lighting, visit with featured vendors and service providers, and enjoy a sensory room generously provided by we rock the spectrum. Tickets are \$5 per guest (free for children under 2 years of age). [Click here](#) to purchase tickets online ahead of the vent. Location: 1025 Museum Cir., JAX, FL 32207. For more information please MOSH at 904.396.6674.

- **Sibshops**

**November 29, December 20, begins at 5:30PM.** Sibshop is a gathering of siblings across the ages to create community, build support and share in the stories that make us unique as the sibling of individuals with developmental, intellectual, social-emotional, and medical disabilities. Siblings will be able to join virtually at link provided. Ages 8-12yo+. [Click here](#) to register online. For more information please contact [chanel.baldwin@jax.ufl.edu](mailto:chanel.baldwin@jax.ufl.edu).

- **CARD Conference Scholarship (Application Deadline)**

**December 4, 2023.** CARD-JAX is offering scholarships to parents and educators who would like to attend the [31<sup>st</sup> Annual CARD Conference](#) (event dates: Jan 12-14, 2024 in Orlando, FL). The purpose of the annual statewide CARD conference is to provide information on state-of-the-art practices in areas that promote best practices in education, early intervention, and quality community-based lifestyles for individuals with autism, deaf-blindness, and related disabilities. For more information about the scholarship and a digital copy of the application [click here](#). Learn more about the Annual CARD Conference at <https://cardconference.info/>



- **CARD-Jacksonville Constituency Board Meeting**

**December 4, 2:30PM to 4:00PM.** The UF Health Jacksonville Center for Autism and Related Disabilities (CARD) has periodic meetings with its advisory committee. The public and individuals served by CARD are welcome to attend these Constituency Board meetings and provide input to the Board and CARD staff. For more information and a link to attend the event virtually please contact [terry.lee2@jax.ufl.edu](mailto:terry.lee2@jax.ufl.edu) or call 904.633.4332.

- **31st Annual CARD Conference – Orlando, FL**

**January 12-14, 2024.** The purpose of the annual statewide CARD conference is to provide information on state-of-the-art practices in areas that promote best practices in education, early intervention, and quality community-based lifestyles for individuals with autism, deaf-blindness, and related disabilities. For more information go to <https://cardconference.info/>

### **UF Health Center for Autism & Related Disabilities – Jacksonville on Facebook**

We'll be keeping the Facebook community updated on our trainings and other local events relevant to families, teachers, and professionals in the Jacksonville area. Access the Facebook page by clicking [here](#). "Like" us to add our posts to your news feed.