

UF Jacksonville CARD and FDLRS-MDC present:

- **CARD Adult Resources and Support Group**

May 4, & June 1. 5:00PM-6:00PM. CARD-Jacksonville runs a resource and support group for constituents who are ages 18 and older, where participants can learn, share, and understand one another through common, comparable experiences and receive helpful guidance. Click [here](#) to register online. All conversations facilitated via Zoom. For more information please contact bernardo.cuadra@jax.ufl.edu.

- **Painting with Emotion**

May 9, & June 13, 4:30 PM – 5:30 PM. Painting with Emotion is a monthly social group for children between the ages of 12-16 years, who are registered with CARD or FDLRS-MDC. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **Retro Diner Hour**

May 11, & June 8. 5:00PM-6:00PM. Adults with autism spectrum disorder will have the opportunity to engage in facilitated social conversations via Zoom. This event will temporarily take the place of the Breakfast Club Meetings during the COVID-19 pandemic. Click [here](#) to register online (multiple days available). For more information please contact bernardo.cuadra@jax.ufl.edu.

- **Dadvocate Support Group**

May 17, June 21, 5:30 PM – 6:30 PM. A Male Caregiver Support Group co-hosted by the UF Health Jacksonville CARD and FLDRS-MDC, with the goal of helping strengthen the relationship between child and parent, while learning about resources and supports from professionals and other parents. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **Sibshops**

May 18, June 15, July 20, August 17, & September 21, 2022. Begins at 5:00PM. Sibshop is a gathering of siblings across the ages to create community, build support and share in the stories that make us unique as the sibling of individuals with developmental, intellectual, social-emotional, and medical disabilities. Click [here](#) to register online. For more information please contact chanel.baldwin@jax.ufl.edu.

- **Kiddin' Around - Social Skills (online group)**

May 19, 5:00PM – 6:00PM. A program which focuses on opportunities for social interaction with peers via social emotional activities and games. Skill areas include: sharing the conversation, waiting, turn taking, giving compliments, being empathetic, building community, accepting feedback, oversharing of information, and making friends. Click [here](#) to register online (multiple dates available). For more information contact chanel.baldwin@jax.ufl.edu.

- **ASD PRIDE (21+ Years Old – Support Group)**

May 19, & June 16, 5:00 PM - 6:00 PM. LGBTQ+ facilitator-led support group for 21+ years old with autism spectrum disorder. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **Painting with Emotion (Young Adults & Adults)**

May 23, & June 27, 4:30 PM – 5:30 PM. Painting with Emotion (Young Adults & Adults) is a monthly social group for adults 18+ years old, who are registered with CARD. The focus of the group is to develop self-awareness skills related to personal emotions and ways to effectively express those emotions through painting. Click [here](#) to register online for this event (multiple days available). For more information contact brett.walden@jax.ufl.edu.

- **CARD/FDLRS-MDC – Parent Support Group (Craft Group)**

May 25, & June 22. 5:00-6:00PM. A Parent Support Group. Conversation-based and activity-based craft group for parents, led by CARD clinicians. Parents will be able to pick up craft kits (includes supplies for craft of the evening) from the front office by the Tuesday before the scheduled date. Click [here](#) to register (multiple days available.) For more information contact chanel.baldwin@jax.ufl.edu.

- **CARD 101 (Español)**

26 de Mayo y 22 de Junio. 5:00PM – 6:00PM. Una orientación introductoria virtual para familias y adultos elegibles que comienzan su viaje con el Centro para el Autismo y Discapacidades Relacionadas (CARD). Esta entrenación proporciona información sobre los servicios proveedados en UF-Jax CARD. Nuestro programa atiende a personas a lo largo de su vida con un Trastorno del Spectro Autista o una discapacidad relacionada, una discapacidad sensorial dual o una discapacidad sensorial combinada con otra condición discapacitante. Esta entrenamiento también brinda la oportunidad de realizar preguntas y respuestas. Se requiere la verificación de un diagnóstico calificado o ubicación educativa para utilizar. <https://UFHJax.zoom.us/meeting/register/tJ0lduGhqjMpGdL2kO1-HxWIaj3nXqzwN111> Email: bernardo.cuadra@jax.ufl.edu.

- **CARD Constituency Board Meeting**

June 17, 9:00 AM – 10:00 AM. The public and individuals served by CARD are welcome to



attend these meetings and provide input to the board and CARD staff. Due to COVID-19 this meeting will be held online via Zoom. For more information and a link to attend the event virtually please contact autumn.mauch@jax.ufl.edu.

- **PEPSA Regional Training – How Did We Get Here?**

June 15, 9:00AM-4:00PM. Presenter: Steve Ward, MA, BCBA. Target Audience: Educators, Caregivers, and others who teach students with ASD. Though sometimes necessary during episodes of sustained aggression or self-injurious behavior, it is in everyone's interest to minimize the use of physical restraint and seclusion. Following the use of these reactive measures, teams traditionally conduct a type of autopsy, describing the conditions immediately before, during, and after and assessing whether changes can be made the next time challenging behavior ensues. These reviews are appropriate, but insufficient. In this workshop, we will discuss variables relevant to de-escalation. But, our primary focus will be on broader interventions, with particular focus on establishing foundational learner repertoires that decrease the likelihood of unsafe behaviors. [Click here to register online](#). Event Location: UNF University Center, 12000 Alumni Dr., Jacksonville, FL 32224. Download a flyer for this event [here](#). For more information contact autumn.mauch@jax.ufl.edu.