

Developmental Checklist For Infants And Toddlers

At 1 Month

- Momentarily holds up head when supported.
- Avoids slightly annoying sensations, such as cloth put on face.
 - Some "gurgling" sounds.
- Raises head slightly off bed or floor when lying on stomach.
- Briefly watches and follows object with eyes.

At 2 Months

- Vocalizes.
- Mimics or responds to smiling person with occasional smile.
 - Follows moving person with eyes
- Holds feet erect, bobbing, when supported while sitting.

At 3 Months

- Lifts chest and head when lying on stomach.
 - Recognizes breast or bottle.
 - Spirited body movement.
 - Chuckles, coos.
 - Improved head control.



At 4 Months

- Rolls from side to side.
- Follows moving object when held sitting.
 - Good head control.
 - Laughs.
 - May begin to reach.
 - Enjoys play.
- Grasps object, such as rattle, held near hand.

At 6 Months

- Rolls from back to stomach.
- Moves object from hand to hand, hand to mouth.
 - Sits with little support.
- Babbles more than two sounds.

At 9 Months

- Sits by self.
- Unwraps block.
- Changes position without falling.
- Says "mama," "baba" or "dada".
- Plays with two objects at same time.

At 12 Months (1 Year)

- Pulls self up, stands.
- Gives toy on request.
- Steps with support.
- Displays affection.
- Picks up things with thumb and one finger.
- Follows simple directions with gesture.
 - Stacks two blocks.
- May say two or more words.

At 15 Months

- Walks without support.
- Says four or five words.
 - Stacks three blocks.
- Vocalizes, voice up and down, sounds like conversation.

- Some feeding of self. .

- Uses gestures to communicate.

At 18 Months

- Walks, runs a little.
- Marks with crayon on paper.
- Climbs up or down one stair.
 - Partially feeds self.
 - Enjoys pull toys.
- says five to ten words.
- Likes being read to.

At 24 Months (2 Years)

- Kicks large ball.
- Recognizes familiar picture, knows if upside down.
 - Turns pages, two or three at a time.
 - Asks for items by name.
 - Imitates housework.

- Uses two or three words together, such as "Want blanket".

At 36 Months (3 Years)

- Briefly stands on one foot.
 - Feeds self.
 - Walks up stairs.
 - Opens door.
 - Rides tricycle.
- Verbalizes toilet needs.
- Speaks in sentences.